

## Vocabulary Words for Puberty

1. AREOLA: dark area around the nipple of the breast.
2. ANUS: the opening through which bowel movements (feces) leave our bodies.
3. BREAST: either of two milk-secreting glands at the upper front part of a woman's body.
4. CERVIX: neck-like, narrow end of uterus which opens into the vagina; it stretches to allow a baby to be born.
5. CIRCUMCISION: an elective surgical operation that removes the foreskin from the penis; if done, it usually occurs when a boy is only a few days old.
6. CLITORIS: sensitive female genital organ located in front of urethra and vagina.
7. EJACULATION: release of semen from the penis during intercourse or sleep.
8. ENDOCRINE SYSTEM: a system of the body that works with the nervous system to regulate certain activities of the body.
9. ERECTION: the spongy tissue of the penis fills with blood causing the penis to become larger and firmer. Same happens to clitoris in females.
10. FALLOPIAN TUBES: Two tubes through which eggs travel on their way to the uterus after being released from the ovaries.
11. HORMONE: chemicals (produced by glands) that control the growth and activity of the body.
12. LABIA: folds of skin that cover the vaginal/urethral openings.
13. MENSTRUATION (PERIOD): the process of shedding the lining of the uterus.
14. NOCTURNAL EMISSION (WET DREAM): the release of semen from the penis during sleep.
15. OVARIES: two small organs on either side of the uterus where the eggs (ova) are produced and stored and where female hormones are produced.
16. OVULATION: release of a mature egg from the ovary; usually occurs monthly midway between menstrual period.
17. PENIS: male sex organ; also the male urinary organ.
18. PITUITARY GLAND: a gland in the brain that triggers the beginning of puberty.
19. PUBERTY: the period of transition from childhood to adulthood.
20. REPRODUCTIVE SYSTEM: the system of the body that has the ability to produce offspring.
21. SCROTUM: the sack of skin that holds the testicles, just underneath the penis.
22. SEMEN: fluid containing sperm that is ejaculated from the penis.
23. SPERM: male reproductive cells produced by the testes.
24. TESTES/TESTICLES: the two oval shaped organs contained in the scrotum which produce sperm and male hormones.
25. URETHRA: the duct through which urine is discharged and in males, through which semen is discharged.
26. UTERUS: pear-shaped female reproductive organ in which baby grows and develops until birth.
27. VAGINA: passage that leads from uterus to external genital organs (vulva)
28. VAS DEFERENS: tube that allows sperm to pass from the testicle.
29. . VULVA: female external genital organs, including labia and clitoris.